

**Parent Support**

**Circle of Security**

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Do you ever wonder why your child behaves like this?

Ever wonder why they don’t listen?

*We can offer this training to you!*

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The Circle of Security® Parenting program**™** is based on decades of research on supporting and strengthening secure parent-child relationships. Studies have shown that children’s first relationships impact all areas of cognitive, social, emotional, and physical development.

**In this course you will learn to...**

♦  Experience more love, cooperation, and joy with your child

♦  Feel confident in your ability to be successful with your child

♦  Determine what your child needs in the moment

♦  Help your child develop self-confidence

♦  Assist your child in creating positive relationships with others

♦  Teach your child to balance their emotions and behaviour

**Training Location / Dates:**

When: Thursday 3rd of February 2022

Thursday morning’s 9.30am – 11.30 am for 10 sessions

 €25 contribution for 10 weeks

Limited childcare places available in centre €3 per session

**Call Hill Street FRC on (01) 8746810 to book your place**

**Course may be offered in Centre or on line dependent on current government guidelines and restrictions on groups sizes and locations.**

**how**