

TRY IT OUT!

An initiative of the NEIC's Community Arts
Programme
Autumn 2022



**INTRODUCTORY ARTS
PROGRAMMES FOR ADULTS
AND OLDER PEOPLE'S GROUPS
IN THE NEIC**

Introduction

Welcome to the NEIC's *Try it Out* Programme for Adults and Older People's groups this Autumn 2022.

This Autumn we are offering Adult Groups in the NEIC an opportunity to try out three different drama or visual arts programmes.

The Programmes are short (max. 4 weeks) but we hope they will start you on a journey that the NEIC Community Arts Programme can help you to continue.

Who can participate in the Try It Out Programmes?

This particular set of programmes are for ***Older Adults only!***

We will be offering a schools and children and young people's Try It Out Programme in the Spring.



How do we apply?



IDENTIFY THE PROGRAMME THAT YOU THINK WOULD INTEREST YOUR GROUP.



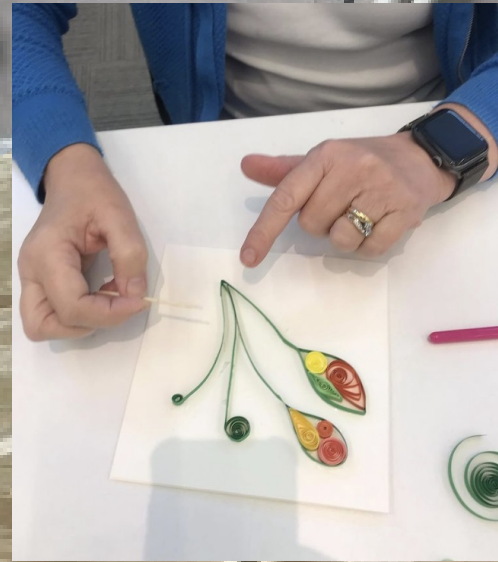
GET IN TOUCH, GIVING US THE DETAILS OF YOUR GROUP (NUMBERS, AGES, WHERE AND WHEN THEY MEET ETC.) AND SOME SUGGESTIONS OF POSSIBLE DATES.



WE WILL GET IN TOUCH TO DISCUSS THE BEST WAY TO DELIVER A *TRY IT OUT* PROGRAMME WITH YOUR GROUP

Programme 1

Visual Art for Older People with Artist Kim Jenkinson



For further details
and to apply for
this programme for
your group, please
contact the
Community Arts
Coordinator at
communityartsneic@gmail.com

These workshops aimed at older people will introduce participants to a variety of simple craft processes in a relaxed and friendly atmosphere, Kim will guide you through step by step different creative techniques, such as card making, fabric collage, paper flower making and other art activities. Group members will create a finished piece during each workshop to take home.

The aim of these workshops is to have fun trying out a new art or craft process, no experience is required and participants input and skill sharing is actively encouraged

There are a limited number of programmes available and bookings will be taken on a *first come, first served basis*.

Clay for Older Adults with artist Bethan Parkes



Clay is an amazingly exciting material that has been used to make practical and decorative items since prehistoric times. Today, clay is still a unique material that offers endless opportunities for self expression and creativity.

Why not try it out?

Enjoy the opportunity to explore, experiment and play with clay. Loosen stiff hands by gently working and modelling the clay, be intrigued by the squishy feel of the material, and its endless possibilities to create something new.

Over the weeks you will have an opportunity to try out different forming and decorating techniques, and produce some take home pieces to keep.

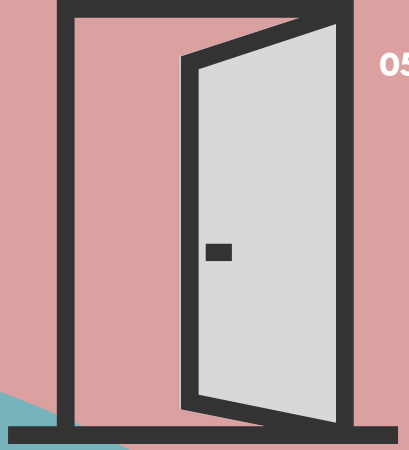
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Programme 3

Stage Door

Drama and Storytelling

for Older Adults



With
experienced
Actor Writer
and Theatre
Maker

Margaret
Callan Bergin

For further details
and to apply for
this programme for
your group, please
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Love to perform but just can't muster up the courage?

Then this is the class for you. Over the course of four weeks you will be brought through small steps that help build your performance confidence.

Starting with simple drama exercises to help you become comfortable being watched and trying out your voice for recorded drama.

These workshops will help you dip your toe in the water and help you decide whether you would like to take the plunge!


What do you need to do?

If there is a programme that you think is of interest to you, get in touch with the **Community Arts Coordinator** at **communityartsneic@gmail.com**


Please include in your email, the following details:



Your name and the name of your group.



A brief description of your group and what your role is in it. (eg. leader, Youth worker etc).



The number of participants in your group.



What programme you would like to try and when you would be free to try it !

Note: Of course we can't guarantee that our facilitator(s) will be available for your specified dates / times but we can promise to do our best to accommodate you.

What's important for you to know about the Try It Out Programmes?



**The
Programmes are
free.**



**All Artists will have been
Garda Vetted**



**All Artists will have completed the
Children First E- Learning Programme
with Tusla.**